OIL RED O STAINING

Purpose: Staining of fat droplets in cells

Protocol:

- 1. Prepare ORO (FisherBiotech BP112-10)
 - a. Stock is 0.5% ORO in Isopropanol
 - b. Working Stock : 60ml Stock + 40mL dH_2O (or that ratio)
 - i. Remove precipitate by filtration with Whatman paper #40
- 2. Wash cells on plate with 1x PBS
- **3.** Fix cells with 3.7% Formaldehyde for 2min
- **4.** Wash cells with H_2O
- **5.** Add ORO working solution
- **6.** Incubate 1hr at room temp
- 7. Aspirate ORO off monolayer
- 8. Wash with H₂O
- **9.** Store in H₂O and 0.02% NaAzide
- 10. Take microscopic picture as soon as possible